

Positive Approach to Care® (Teepa Snow)

The Champion Series for Care Partners



Become official PAC Champion Care Partners

CHAMPION 1

CONNECTION STARTS WITH APPROACH

Subtle changes in vision, movement and language, guide connection. Use body position, tone, and timing to create trust from the start.

CHAMPION 2

HAND-UNDER-HAND & THE POWER OF PERMISSION

Hand-under-Hand® offers gentle support for comfort and movement, guiding action while keeping dignity, connection, and safety at the center.



CHAMPION 3

ADAPTING FOR EVERY GEMS® STATE

Adapting for every GEMS® State
Identify each GEMS® State and adjust your connection to meet people where they are.

CHAMPION 4

SEEING THE PERSON, NOT THE DISEASE

Build confidence in recognizing a person's current state of ability, understand the "why" behind behaviors, and respond in ways that bring comfort, not conflict.

"Far and above the BEST training to effect change and raise the level of care, dignity, connection and meaningful engagement."

2 HOUR
COURSES

ON-SITE

MAX 10
PEOPLE

\$75/PERSON
PER COURSE

Ask about special
rates for AL/MC/SNFs



Dr. Sara S. Martinez

DIS, MBA, MAT, CSA®, PAC, CDP®, CADDCT®

Sara is a Teepa Snow - Positive Approach to Care® Certified Care Partner Teacher, and Trainer for the PAC Champion Care Partner Series.



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